



Caring For Temps

Care Instructions for Temporaries

During the time your final restoration is being made at the laboratory, it is very important that you know how to care for your temporaries.

Read the following instructions:

- No chewing gum or sticky candy. These will stick to the temporary tooth and pull it off.
- Do not chew anything hard because your temporary tooth could break.
- The tissue around the temporary tooth could be sore for a few days. We recommend over the counter pain medication. Ibuprofen or acetaminophen may be taken for discomfort, unless your told by your doctor otherwise.
- Avoid any mouthwash containing alcohol because it could sting.
- Be aware you may experience sensitivity to hot or cold foods.
- Proper brushing and flossing are necessary to keep the tissue healthy. When flossing, pull the floss out to the side to avoid pulling off the temporary tooth.
- If the temporary tooth should come off, you can place it back on with toothpaste or denture cream. Some stores now carry temporary tooth filling/crown cement. You can try these, but do not use glue. Call the office to schedule an appointment to have your temporary re-cemented. The temporary tooth is very important because it holds the space for your new restoration. If you do not have it re-cemented, you run the risk of your permanent restoration not fitting properly.
- The initial temporary tooth fee is included in your restoration fees. To have your temporary tooth re-made for cosmetic purposes, there will be an additional fee added.
- Finally, remember it is important to attend your crown delivery appointment. A temporary tooth is only recommended for up to two weeks.

If you have any questions about your treatment please do not hesitate to contact us at 305-372-1020.